

# **Respect Implementation and Training Guide**

ReSPECT (Recommended Summary Plan for Emergency Care and Treatment) is being implemented as the main Treatment Escalation Planning (TEP) tool across the Bath and North East Somerset (BaNES), Swindon, and Wiltshire localities from October 2021.

#### What is ReSPECT?

The ReSPECT process creates personalised recommendations for a person's clinical care and treatment in a future emergency in which they are unable to make or express choices. These recommendations are created through conversations between a person, their families, and their health and care professionals to understand what matters to them and what is realistic in terms of their care and treatment. Patient preferences and clinical recommendations are recorded on a non-legally binding form which can be reviewed and adapted if circumstances change.

## What Training is Available?

The table below summaries the eLearning and online resources available to support you and your organisation to implement ReSPECT. While these are the resources we recommend, individual organisations can determine which resources best suit their needs, and adapt them accordingly.

	Level	Who is it for?	Recommended eLearning	Further Learning Resources
1.	Awareness & Action	All clinical* and non-clinical** staff working in patient-facing roles and administrative staff working with medical records** who will <b>not</b> be having ReSPECT conversations with patients.	eLearning for Health ReSPECT 'Awareness' module and quiz	- RCUK eLearning:  What is ReSPECT?  Who is ReSPECT for?  FAQs  Further reading and resources.
2.	Authorship & Conversations	For all clinical staff who will be having ReSPECT conversations with patients, or any staff interested in learning more, including:  Consultants, GPs, doctors in training (FY2 and above), senior nurses and AHPs	eLearning for Health ReSPECT 'Authorship' module and quiz	As above, plus:  - RCUK eLearning:  - How to check if the ReSPECT form has been completed correctly?  - How to care for someone with a ReSPECT form - Quiz – Profiles - Quiz – Whole Scenarios - FAQs - Further reading and resources.



- \* \* Includes clinical staff working in hospital, community, primary care, mental health services, care homes, ambulance, and out-of-hours services nurses, ACPs, CNSs, HCAs, physiotherapists, occupational therapists, speech and language therapists, dietitians, therapeutic and diagnostic radiographers, cardiac and other department diagnosticians/physiologists
- \*\* Includes all patient facing non-clinical staff e.g., relevant managers & service managers, discharge coordinators, social workers, patient-facing volunteers and staff involved in clinical administration, clinical support e.g., ward clerks, receptionists, medical secretaries, medical records staff involved in registration and clinic preparation

### **Delivering Local Training Sessions**

Face-to-face and online local training sessions are also recommended to ensure ReSPECT is fully embedded within your services. The following resources can be downloaded to facilitate delivery of local sessions:

- Master training slides for all levels of training (PPT)
- Printable and editable blank ReSPECT form (PDF)

For support with planning and delivering local learning sessions, contact BSW CCG.

#### **Promoting ReSPECT within your Organisation**

Use the below resources to promote the training for and using ReSPECT in internal communications (newsletters, intranet, etc.), social media (e.g. staff groups, Twitter), in staff areas, and anywhere staff might see them.

- ReSPECT Training Poster for local adaptation (PPT)
- Examples of good and poor ReSPECT forms (One Gloucestershire)
- ReSPECT Guide for Clinicians Completing the Form (Resuscitation Council UK)
- ReSPECT Top 10 Tips for GPs (Resuscitation Council UK)
- ReSPECT Information for Care Homes (Resuscitation Council UK)

#### **ReSPECT Resources for Patients**

Use the below resources from the Resuscitation Council to share information about ReSPECT with your patients:

- Easy-read ReSPECT leaflets (Parts 1, 2, 3, 4 and 5)
- ReSPECT Information for Families
- ReSPECT Patient Leaflet
- ReSPECT Patient Guide
- ReSPECT Patient Guide for Young People

#### **Other Resources**

Many other areas across the UK who have adopted ReSPECT have developed fantastic resources that they are pleased to make available for local adaptation, including:





- Herefordshire and Worcestershire CCG
- Gloucestershire CCG
- East Sussex CCG

## **Using this Guide**

Organisations should be mindful that the resources suggested above may have been developed in other regions, and may contain references specific to that area, however the ReSPECT principles remain the same.

Resources may also refer to ReSPECT **Version 2**; the form has subsequently been updated to **Version 3**, and this is the version that should be used.

This guide is intended for adaptation by local organisations to facilitate the implementation of ReSPECT.

