Safeguarding Newsletter



NHS England and NHS Improvement - South West

Welcome to the August edition of the NHS England and NHS Improvement South West Safeguarding newsletter!

Summer recess: We hope that some of you have been able to take time this summer to refresh and recharge your batteries. Many of you will be aware that most national groups had a summer recess during August which will explain why the content in this newsletter is slightly lighter.

Children and Young People Safeguarding

Hello, my name is **Rosie Luce**, and I am the Deputy Director for Quality and Safeguarding and Regional Safeguarding Lead for NHS England and NHS Improvement. I've had many years working as a qualified nurse, with a large part of my career being focused on child and adult safeguarding, as well as public protection. I am a nurse and academic lawyer with a keen interest in law, research, and public protection.



I keep busy in my personal time with finalising my research degree and supporting our local community youth project. Also, having fun through socially distanced community activities that promote local events and traders. I started in the South West in May 2020 and I am delighted to introduce readers to our South West Safeguarding Team. These are:



I'm **Nick Rudling** and I am really excited to be joining the SW team as Head of Safeguarding Transformation. I will have met many of you through a range of roles I've held in the SW over the last 12+ years, from MCA/DoLS, Safeguarding Adults and Head of Safeguarding roles working in a provider, Local Authority and a CCG. From 2017-19 I previously worked in NHS England and will have worked alongside several of you at that time in a regional capacity. My academic background was in Psychology and have recently completed a coaching and mentoring course which I hope to utilise in my new role.

On a personal level I enjoy trying to keep myself in shape (ish) by staying active though golf, gym (home gym since Covid!), running and cycling. My three year old and 6 month old daughters keep me from sitting for more than a minute at a time but I treasure the time I spend with them. I do also

enjoy a bit of time to recharge with a good movie or boxset once all those toys have been packed away again! I look forward to re-connecting with many of you over the coming weeks and months and meeting those of you that I may not know.

Here I am at the very pretty Confetti fields in Pershore, Worcestershire in early August just before the heavens opened and we all had to make a dash for the car!!! For those of you who don't know me, my name is **Faye Kamara** and I am the Safeguarding and Serious Violence Lead in the South West Region for NHS England and NHS Improvement. Within my portfolio I have leadership for Domestic Abuse and Violence, Modern Slavery and Prevent to name the top three priorities for me currently! I joined this organisation in 2016 after spending 7 years working for a number of statutory and non-statutory agencies in the domestic abuse and sexual violence sector, in various roles from practitioner to commissioner to strategic lead.



Since lockdown I have completed couch to 5k and found a new 'like not love' for running all in aid of supporting my own mental health and emotional wellbeing and role modelling how great exercise is for my little girl.



Hi, my name is **Jo May** and I am the Safeguarding Officer for NHS England and NHS Improvement. I am the business support for the team and your main contact, so now you can put my face to my name!

I joined the Nursing Directorate for NHS England in 2013 and moved into the safeguarding role in 2017. I am lucky to live in 'sunny' Cornwall so regularly visit our beautiful coast and have 2 children who like to keep me busy.

I, like Faye, have found a new 'like not love' relationship with running and HIIT, which has really helped my mental health as a shielding family in lockdown. I'd like to say it encourages my children, but they seem to enjoy giving commentaries and laughing at me more.

Children and Young People Safeguarding Female Genital Mutilation (FGM)

Further to last month's update please follow this <u>link</u> to the NHS Digital FGM Annual Report (2019-20) where you can search by region and system area for data and information relating to the enhanced dataset.

Child Protection- Information Sharing Newsletter

Please see the CP-IS <u>newsletter</u>, created by both the National NHS England and NHS Improvement Safeguarding team and NHS Digital, providing an update on the implementation of this programme of work, plus some useful case studies.

Contextual Safeguarding

Prevent

The Home Office have released a new short film illustrating the work of Prevent. At a time when increased time spent online and feelings of stress and isolation have left more individuals vulnerable to exploitation by groomers, coupled with a fall in Prevent referrals due to the effects of Covid-19 on Education and Health institutions, it is vital that we maximise awareness and understanding of the support that Prevent offers.



The film, which provides an introduction to Prevent, marks the beginning of a weekly series of videos for social media explaining how the programme works, including how to get support for friends and family and how it tackles the threat from the far right. The videos feature a range of independent voices giving their own unique perspectives on the programme, including the mother of a teenager killed fighting for Daesh, a head of a civil society organisation working with those at risk of radicalisation and the mother of a child whose life was 'saved' after receiving support through Prevent.

Speaking about the film, Cathryn Ellsmore, Head of Prevent, said;

"Unfortunately, a large number or myths and misconceptions exist around Prevent, and though some will have their roots in genuine concerns, many are the result of misinformation.

"This is an issue for us because due to its voluntary nature, without the trust of local communities and the wider public, individuals will be reluctant to participate in local Prevent-funded projects or make referrals and Prevent staff in local areas will find it more difficult to do their jobs.

"Recent surveying suggests that as people's knowledge of Prevent increases, so too does their favourability towards the programme which is why we have created these videos to help bust the myths around Prevent."

Please help us to increase understanding around the programme by sharing the videos through your networks and online channels. If you have any questions or would like to discuss further please feel free to contact <u>Jonathan.green1@homeoffice.gov.uk</u>

The first of the videos are available now via the below links;

Youtube (full video)

Twitter (Home Office)

Facebook (Home Office)

Modern Slavery

The following is an extract taken from the Home Office Modern Slavery Newsletter on 23rd July 2020;

The NRM Transformation Programme

'Since the National Referral Mechanism was established in 2009, there have been many significant developments including the passing of the world leading Modern Slavery Act in 2015. We are identifying more victims than ever before - and increasingly, a larger proportion of those victims are UK citizens. Since the system was designed, our understanding of modern slavery has grown, and we know more about the breadth of crimes which fall under the umbrella of modern slavery. This has helped shape our approach, enabling us to target law enforcement activity more effectively and commission services to meet the needs of victims. Ten years on, we need to reflect and use our learning to consider how we can now best support victims in a way that is sustainable and centred on their needs.

We intend to build upon successes of recent reforms to the NRM through the establishment of an NRM Transformation Programme. This programme will make sure genuine victims have their cases settled promptly, receive support tailored to their needs, and are empowered to move on with their lives.

This is a long-term programme, and it will not interrupt the process of decision-making or the support individuals are currently receiving. We remain absolutely committed to identifying victims and supporting their recovery and will continue ensuring all victims of modern slavery continue to receive the right kind of support and are empowered to move on with their lives.

The Programme will deliver a sequence of changes under the following pillars:

- Embedding an end-to-end needs-based approach to support
- We want to ensure that the individual victim and their specific recovery needs are at the heart of the support package that we provide. Building upon the introduction of the Recovery Needs Assessment, implemented in September 2019, we want to ensure that, throughout the victim's recovery journey, support services are driven by and flexible to recovery need from the outset.
- Alternative models for decision making and support for adult victims
- Whilst our thinking is in its early stages, we are considering what alternative delivery models might now best meet victims' needs, enabling better integration with local services and helping victims return to society.

Children

• We are committed to identifying and supporting child victims of modern slavery and see benefits in exploring an alternative approach to the current NRM for children.

We are still in the early stages of developing the programme, but we will be working closely with our stakeholders as we take it forward.'

You can sign up to receive the Modern Slavery newsletter directly from the Home Office by subscribing <u>here</u>.

Adult Safeguarding

Level 4 Safeguarding Adults training- Health Education England

HEE supported the delivery of a webinar and a workshop on Fabricated and Induced Illness in Adults (FII) earlier this year. You can find recordings and grab guides by clicking on this <u>link</u> to the eLearning for Healthcare hub.

You need to register or sign in and then search for 'Safeguarding adults Level 4', which will take you to the page with 'Fabricated and Induced Illness in Adults workshop' folders, where you will find the resources.

Local System Shout Out



Somerset campaign for Domestic Abuse

This month's BIG Shout Out is given to our Somerset CCG colleagues for working with their partners to develop a 'No Closed Doors' Domestic Abuse <u>campaign</u>.

National <u>posters</u> were produced and promoted for pharmacies to display within their public areas, and pharmacy staff were given <u>information</u> for consultation rooms (which applies to any service and not just pharmacies).

This included referral forms for the Integrated Domestic Abuse Service, along with local contact details allowing them to access interventions immediately.

Save the Dates



SAVE THE DATES! @NHSSafeguarding is back with a #SafeguardingTogetherWeek of MS Live Events 2nd to 5th November from 12-1pm

5000 of you joined us for our <u>#FabulousFortnight</u> event in June, NHS Safeguarding are holding further MS Live Events for our #SafeguardingTogetherWeek in November 2020, further details including speakers and timings will be shared in due course

This is our time to be brave & bold so that we all safeguard everyone who might require support in their trauma informed journey.

