**B&NES LOCAL AND NATIONAL BEREAVEMENT SUPPORT SERVICES**

**BEAD**
Bereaved through Alcohol and Drugs [**https://www.beadproject.org.uk**](https://www.beadproject.org.uk), - **Tel: 0808 808 1677**

**BEREAVEMENT TRUST**National Freephone helpline, operating every evening of the year (6pm-10pm) - **Tel: 0800 435 455**

**CARE FOR THE FAMILY**Christian faith based support charity. [**https://www.careforthefamily.org.uk/family-life/bereavement-support**](https://www.careforthefamily.org.uk/family-life/bereavement-support)**, - Tel: 0292 081 0800**

**CHILDHOOD BEREAVEMENT UK**Provides bereavement support to children, young people and families after the death of a child. [**www.childbereavementuk.org**](http://www.childbereavementuk.org) **– Tel:** 0800 02 888 40

**CLIC SERGEANT**
Online advice and support for families with children with cancer diagnosis. [**www.clicsargent.org.uk**](http://www.clicsargent.org.uk)

**COMPASSIONATE FRIENDS**For bereaved parents, siblings and grandparents. Dedicated to the support and care of those who have suffered the death of a child or children of any age and from any cause. Free postal lending library. [**www.tcf.org.uk**](http://www.tcf.org.uk) **Tel: 0345 123 2304**

**CRUSE BEREAVEMENT SUPPORT**Support can include one-to-one sessions, group work, telephone support and information sessions [**www.crusebath.org**](http://www.crusebath.org), **Tel: 01761 417250**

**FRIENDS IN GRIEF**Weekly ‘drop-in’ groups for anyone who has been bereaved. Contact Dorothy House Bereavement Service [**https://www.dorothyhouse.org.uk/patients-carers-families/carers/bereavement/friends-in-grief-fig/**](https://www.dorothyhouse.org.uk/patients-carers-families/carers/bereavement/friends-in-grief-fig/) **Tel: 01225 721496**

**FOCUS COUNSELLING SERVICE** (Bath)
Offer counselling to all and have funding available for those who are on a low income [**www.focusbath.com**](http://www.focusbath.com) **Tel: 01225 330096**

**GRIEF ENCOUNTER**Bereavement support for children and young people [**www.griefencounter.org.uk**](http://www.griefencounter.org.uk), **Tel: 0808 802 0111**

**GOOD GRIEF TRUST**Resource for online advice and information, extensive database for local and national signposting, film clips from those similarly bereaved [**www.thegoodgrieftrust.org**](http://www.thegoodgrieftrust.org)

**GOOD GRIEF PROJECT**Using films and talks, promote an understanding of what it means to grieve in a society that often has difficulty talking openly about death, dying and bereavement [**www.thegoodgriefproject.co.uk**](http://www.thegoodgriefproject.co.uk)

**HOPE AGAIN**The youth website of [Cruse Bereavement Care](http://www.cruse.org.uk/). A safe place where you can learn from other young people, how to cope with grief, and feel less alone. [**www.hopeagain.org.uk**](http://www.hopeagain.org.uk)

**JEWISH BEREAVEMENT COUNSELLING SERVICE**[**www.jbcs.org.uk**](http://www.jbcs.org.uk), **Tel: 0208 951 3881**

**LONDON FRIEND**LGBT Counselling service and social group support [**www.londonfriend.org.uk**](http://www.londonfriend.org.uk) **Tel: 0207 833 1674**

**LOSS FOUNDATION**Support for loss of someone to cancer. [**www.thelossfoundation.org**](http://www.thelossfoundation.org)

**MACMILLAN CANCER SUPPORT**Online bereavement support and helpline available 8am -8pm daily.[**www.macmillan.org.uk**](http://www.macmillan.org.uk), **Tel: 0808 808 00 00**

**MUSLIM COMMUNITY HELPLINE**[**www.muslimcommunityhelpline.org.uk**](http://www.muslimcommunityhelpline.org.uk), **Tel: 0208 904 8193/0209 908 6715**

**NATIONAL BEREAVEMENT PARTNERSHIP**Provides a support helpline, counselling and befriending service for those suffering from anxiety, grief or mental health issues as a direct or indirect result of the COVID-19 pandemnic. Bereavement support and helpline available 7am – 10pm daily. Online chat available. [**www.nationalbereavement**](http://www.nationalbereavement)**partnership.org**, **Tel: 0808 448 0800**

**OFF THE RECORD (**Bath)
A range of free services for young people including counselling, listening support, youth participation, advocacy and specialist groups, support for LGBT+ focused youth group - [**www.offtherecord-banes.co.uk**](http://www.offtherecord-banes.co.uk)

**OLIVE BRANCH** (Chippenham)
Counselling and bereavement support (charged by affordability) – [**www.olivebranchcounselling.org.uk**](http://www.olivebranchcounselling.org.uk) **Tel:** **01249 443810**

**THE SAMARITANS**24 hour support for anyone in distress including those who are feeling suicidal. [**https://www.samaritans.org/branches/bath**](https://www.samaritans.org/branches/bath) **Tel: 116123 (national helpline)**

**SANDS (SUDDEN AND NEONATAL DEATH SUPPORT)**Support for anybody affected by death of a baby - [**www.sands.org.uk**](http://www.sands.org.uk) **Tel: 0808 164 3332**

**SILVERLINE
The Silver Line operates a 24hour confidential, free helpline for older people across the UK**.**** [**www.thesilverline.org.uk**](http://www.thesilverline.org.uk) ****Tel:**** **0800 4 70 80 90**

**SUDDEN
Support for people who have been bereaved by a death that happened suddenly or too soon in their lives; this could be due to COVID-19 or other undiagnosed medical reasons, suicide, or a road accident.** [**https://sudden.org**](https://sudden.org/) ****Tel:**** **0800** **2600 400**

**SUE RYDER**
Online bereavement support & advice, online counselling service - [**www.sueryder.org**](http://www.sueryder.org)

**SURVIVORS OF BEREAVEMENT BY SUICIDE (SOBS)** Includes specific LGBT support –[**www.uksobs.org**](http://www.uksobs.org) **Tel: 0300 111 5065 (9am – 9pm Mon-Fri)**

**WAY UP**
An active online self-help group aimed at providing mutual support to those who have been widowed - primarily, but not exclusively, in their 50’s & 60s [**www.way-up.co.uk**](http://www.way-up.co.uk)

**WE HEAR YOU (WHY)**
Free counselling to anyone affected or bereaved by cancer or other life threatening conditions, (Bath and North East Somerset, Somerset and Wiltshire) [**www.wehearyou.org.uk**](http://www.wehearyou.org.uk) **Tel: 01373 455 255**

**WIDOWED AND YOUNG (WAY)**Support for those aged 50 and under who have experienced the death of a partner- [**www.widowedandyoung.org.uk**](http://www.widowedandyoung.org.uk)

**WINSTONS WISH**
Support children and young people after the death of a parent or sibling (Bristol based). Experienced bereavement support team provide bereaved children and families with the tools to come to terms with their grief [**www.winstonswish.org**](http://www.winstonswish.org) **Tel: 0808 8020021**

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