

## Course 2

# Effective Therapeutic Support for Asylum Seekers - eLearning

A yellow starburst shape with the word "NEW" in white capital letters inside it, set against a dark orange background.

**Would you like to be able to better support the emotional wellbeing of people seeking asylum in the UK, and influence others in your organisation to do the same?**

**This course is the second in our series, and is aimed at mental health practitioners. It builds on course one. If you are relatively new to working with asylum seekers, we recommend completing the first course before starting course two.**

It will give you knowledge of the therapeutic issues refugees may bring, and how your practice can be adapted to make it appropriate for the very particular needs of this community.

This course is also designed to be worked on in small sections to allow time for personal reflection and learning. Modules can be chosen according to your particular interest and expertise, and we recommend allowing a minimum of 8 hours in order to engage with the videos and resources.

The course is presented by Solace's clinical director, Anne Burghgraef, and fellow professionals. Through their work in this area Anne, and colleagues have seen people seeking asylum in the UK learn to cope, and progress following trauma and displacement.

Head to our website - <https://www.solace-uk.org.uk/new-free-e-learning>

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