**NEW Remote Education for Type 2 Diabetes**

Dear all,

We are pleased to be able to tell you about a new remote type 2 diabetes structured education service available to your patients, Oviva Diabetes Support. This service has been introduced so that patients can be offered a choice of structured education, with different options to suit a variety of patient needs. Oviva will be holding a training session on 30th September to introduce the service and answer any of your questions. Please find more details below.

**Oviva Diabetes Support**

Oviva is a digital behaviour change provider of remote NHS services in over 80 NHS regions. Our team of specialist healthcare professionals combined with our unique digital tools support patients to improve their health and better self-manage their conditions long term.

Oviva Diabetes Support is a fully remote, digitally enabled structured education and behaviour change intervention for people living with type 2 diabetes. The programme offers personalised one-to-one support led by expert healthcare professionals. Participants are able to complete the programme from the comfort of their own home via the NHS approved smartphone app or over the phone, and can schedule appointments with their personal diabetes specialist coach at times that suit them, including at evenings and weekends. Participants will learn more about their type 2 diabetes and receive personalised support to reach their goals in a way that suits them. The programme is highly accessible, and care can be delivered in over 22 languages by our multilingual clinical delivery team.

**Clinical criteria**

Please note Oviva referrals are only applicable where the patient is:

● Aged 18 or over

● Diagnosed with type 2 diabetes

● Had HbA1c tested within the last 12 months

● Not pregnant

● Not a learning disability register patient

● Not under the care of another dietitian

● Not had bariatric surgery in the past 2 years and does not have bariatric surgery planned for the next 12 weeks

**How can you refer into Oviva Diabetes Support for Type 2?**

GPs can refer patients by completing a referral form which is saved in Ardens or QMasters, and sending it to ovivauk.swindon@nhs.net.

Once the patient has been referred, Oviva will be in touch with them to enrol them onto the programme.

**Oviva Training Session**

Oviva’s Diabetes Specialist Dietitian Juliet Finnie and Operations Manager Camilla Chichester will be holding a webinar covering the following topics on 30th September at 12.30:

* Introduction of the structured education service available to your patients
* Benefits of the service for patients and primary care
* Training in referring: how to identify eligible patients and how to refer them to the programme

The training session can be accessed via this link: [Join Microsoft Teams Meeting](https://teams.microsoft.com/l/meetup-join/19%3ameeting_MmZhZGFkOTktMzNmOC00NWZiLWExNmQtNTE5ZGY0N2M0Mzdj%40thread.v2/0?context=%7b%22Tid%22%3a%2237c354b2-85b0-47f5-b222-07b48d774ee3%22%2c%22Oid%22%3a%22e07d73ee-db0d-4237-b428-472c57c43467%22%7d)

Please attend to ask any questions you have about the service, and feel free to contact Oviva afterwards if you wish to.

If you have any further questions, please contact camilla.chichester@nhs.net