

# Supportive Conversations Training



Free 90 minute  
online training

The Faculty of Healthy Conversation Skills are offering a FREE 90 minute online session which will facilitate the development of practical skills in having 'supportive conversations' to help people's wellbeing.

All trainees are provided with a toolkit with useful goal-setting resources, a reflective practice tool and self-directed learning task.

The training is based on the Wessex model of MECC. For more information on our approach please see:

[www.youtube.com/  
watch?v=0mUPweCuRJw](https://www.youtube.com/watch?v=0mUPweCuRJw)



To book on to a session please go to  
[https://healtheducationyh.onlinesurveys.ac.uk/  
supportive-conversations-training](https://healtheducationyh.onlinesurveys.ac.uk/supportive-conversations-training)

To find out more contact [MECC.WX@hee.nhs.uk](mailto:MECC.WX@hee.nhs.uk)



**Health Education England**