# **GP Update #11 – 01.09.2020**



# **Important Information for GP Practices From Salisbury District Hospital**

Update are fairly limited in this edition, and are highlighted in yellow for ease.

## **Referring Patients**

The emergency department at Salisbury NHS FT has been reconfigured to allow for two separate assessment zones. The Respiratory Assessment Zone, (RAZ) will see and assess all patients with suspected COVID 19, the other will be for other non-COVID 19 presentations. ED minors has been re-located to the fracture clinic template and the ED resuscitation area will remain unchanged.

We have experienced an increase in ED attendances which are not emergencies and where patients are stating that their GP has advised then to visit ED, as they are unable to be seen quickly in primary care. We understand that the patient may be being slightly flexible with their interpretation of what they were advised, however please can we request that patients without clinical need to visit ED are not advised to do so. We have also reiterated this message to internal clinicians.

#### For Paediatrics - Please see Paediatrics section

For GP admission / advice the referral pathway via the AMU admission line / Med reg bleep remains unchanged. THIS NOW INCLUDES WHERE COVID 19 IS SUSPECTED. Please note that patients suspected COVID 19 may be asked to attend via the Emergency Department.

We accept there is sometimes clinical ambiguity and therefore we will need to be pragmatic and apply clinical judgement to cases where the situation isn't clear.

- FOR ALL OTHER PATIENTS INCLUDING THOSE WHO MAY HAVE POTENTIAL COVID SYMPTOMS BUT IT IS NOT THEIR PRIMARY PATHOLOGY AND REASON FOR REFERRAL, PLEASE CALL SPECIALTY TEAMS AND THEY WILL ADVISE WHERE TO SEND THE PATIENT.
- WRITTEN ASSESSMENTS SHOULD BE RECORDED AND SUBMITTED TO THE HOSPITAL AS USUAL.

We would ask GP's to be very clear when making referrals whether there is any suspicion of COVID 19 and whether the patient is a contact of a known positive. Patients arriving at ED department will be directed to the appropriate zone.

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# **Key Information** The SFT Emergency Department has been reconfigured to maintain separate areas and patient flows for patients with respiratory conditions and patients presenting with all other conditions requiring treatment. The advice to public is that individuals should not attend either the hospital or the Emergency Department while they are self-isolating or experiencing mild symptoms of COVID 19 unless they have a different medical emergency or injury. There will be cases where patients become acutely unwell and require urgent intervention to manage their conditions, or experience a condition, injury or illness requiring urgent intervention while also experiencing COVID 19 related symptoms. In these instances, advice will be provided to patients via the NHS 111 service. Pathway - Non The current defined clinical pathways will remain in place. Minors stream respiratory patients will be received within the Fracture Clinic footprint and book in through **Symptoms** reception there between the hours of 0800-1930. Outside these hours patients attending for 'minor' conditions will enter through the non-respiratory ED entrance (public) entrance and be booked in at reception there. For patients requiring admission, normal pathways to AMU or SAU will remain in place. Additional pathways to bypass ED for specialty expected patients and ED referred patients are being implemented. Pathway -Patients and ambulance crews will be directed to enter the department via the COVID-19 ambulance entrance – re-designated as 'Respiratory Assessment Zone'. symptoms A Rapid Assessment and Treatment (RAT) model is in place for patients arriving in the Respiratory Assessment Zone. This group will include patients with minor injuries, specialty expected patients and other emergencies where there is a suspected concurrent COVID 19/respiratory infection. Patients will be assessed on arrival by a senior decision maker and then booked in at the reception desk window. Patients should be recorded on Lorenzo as presenting with 'Suspected COVID 19'. Walk-in patients will be directed to the Respiratory Assessment Zone waiting area near the entrance to the existing Majors bays (now part of Respiratory Assessment Zone) by signage. **Face Coverings** In accordance with Government recommendations, outpatients and visitors for Visitors and coming to the hospital will be asked to wear face coverings. In addition, where **Outpatients** clinically appropriate, outpatients attending the hospital will have their temperature taken on arrival. Staff Wearing Hospital staff are required to wear type I or II surgical face masks, except when **Face Masks** working alone or in areas where work place assessments have confirmed masks unnecessary.

# How to Access Consultant Advice & Guidance



## **NEW SERVICE – Ophthalmology**

- This service is for acute emergency referrals only.
- Hours of Operation are 8am-5pm Monday to Friday

The team will still run the advice and guidance e-mail for less urgent queries (sft.ophthalmologyadvice@nhs.net).

#### **NEW SERVICE - Plastics Trauma**

- The Plastics Trauma team are available to take calls for verbal advice and guidance, as well as offering advice on pictures sent through the messaging function of Consultant Connect.
- They will be available to offer advice and guidance on a number of issues such as lower limb haematomas and pretibial lacerations, hand trauma/infections and post-operative issues.
- The service will be available Monday Friday 8am-5pm
- Messages and pictures sent through Consultant Connect will be responded to within 24 hours.

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Acute Medical	Mon – Sun	
Unit	8am – 8pm	
Cardiology	Mon – Fri	
	9am - 5pm	
ENT	Mon – Fri	
	9am - 1pm	
General Surgery	Mon – Fri	
	9am – 5pm	
Gynaecology	Mon – Fri	
	9am - 1pm &	
	2pm - 5pm	
<b>Ophthalmology</b>	Mon – Fri	
	8am – 5pm	
Paediatrics	Mon – Fri	
	9am - 5pm	
Palliative Care	Mon – Fri	
Team	9am – 4pm	
Discoving Transport	Mon – Fri	
Plastics Trauma	8am - 5pm	
Sexual Health	Mon – Fri	
	9am - 5pm	
Urology	Mon – Fri	
	9am - 1pm	

#### **IMPORTANT REQUEST**

When using this service, please remain on the call until you have submitted details of the outcome of the call. This is important to the hospital to be able to record the success of this service. Thank you.

Guidance on how to leave an outcome can be found via this link: LINK

Access to posters and information for your practice can be found via this link direct to Consultant Connect: <u>LINK</u>

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Non urgent advice and guidance services are also available for other specialities via email. Details can be found on the GP Portal. Please remember that GP Portal is available while using a secure NHS network only. LINK Movers & Leavers - please can we ask that you update Consultant Connect via the following email address when colleagues leave or move to a new practice. celia.enderby@consultantconnect.org.uk 2WW TELE-DERMATOLOGY PILOT - SOUTH SARUM PCN In addition to the two new services launched this week, we are also about to commence a six month pilot of a suspected 2WW Tele-dermatology service using Consultant Connect. This pilot is available to practices within the South Sarum PCN, but dependent on the success of this initiative, we will look to roll out the service to all practices as soon as possible. Vascular All clinics are up and running but at reduced capacity to allow for social distancing and extra hygiene measures. We are working towards clearing the backlog of cancelled patients and the waiting list of new referrals, delayed by the Covid-19 pandemic. Nurse and consultant led clinics are running. Referrals are being triaged, with nurses and consultants providing face-to-face hot clinics or one-stop appointments for the most urgent patients. For other less urgent referrals, patients will receive a telephone or virtual consultation in the first instance, with a face-to-face follow-up being offered if required. All emergency patients are still being directed to Royal Bournemouth Hospital. Please contact the Vascular Consultant on call, using the Dorset and Wiltshire Vascular Network EMERGENCY Pathways. For advice or to make an appointment in the next hot clinic, you can contact the Vascular Nurse Co-ordinator in Salisbury during office hours (08.30 - 16.30 Mon to Fri) on: 01722 336262 x 4937 or bleep 1112. **Paediatrics** Sarum ward and DAU remain separated into respiratory and non-respiratory areas. Please advise families that only 1 parent/ carer should accompany the patient and that both clinical areas are a safe environment for children. New referrals to paediatric outpatients are being accepted. Families will receive details on the format of the clinics (virtual/ phone/ face-to-face) as well as additional measures currently in place to minimise risk. We continue to provide consultant delivered advice via Consultant Connect (Monday-Friday, 9am-5pm) or email: sft.paediatrics@nhs.net Radiology **Electronic Requesting** To ensure patient and staff safety, it is now necessary to provide all radiology patients with a booked appointment. This includes our GP and Spinal X-ray service which was previously a walk in service.

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X-Ray appointments are being offered as soon as possible but we do have a backlog, which are working to reduce. We also have reserved very limited capacity for urgent X-ray referrals, so if an urgent X-ray is needed please phone the Radiographers in the GP & Spinal X-Ray Department on x5507 and state that the referral is urgent. The Trust has now made the decision to permit booking routine appointments for patients over 70. The Radiology Department have placed high priority on these patients and all patients that were on hold during shielding have now been seen or booked.

Limited X-Ray appointments are now available at the Fordingbridge and Westbury X-Ray Facilities. Appointments are also now available at the Westminster Memorial Hospital.

Please could you continue to provide the COVID-19 status for all patients in the clinical details section or the referral. Specifically we need to know if patients having a chest X-ray have recovered from COVID-19 lung disease.

We can no longer accept paper referrals. We have introduced arrangements for practices that do not have access to electronic referrals. For practices with access to TQuest all referrals should be made electronically. For practices without access to TQuest please scan and email a copy of the paper request forms to <a href="mailto:shc-tr.salisburyreferralcentre@nhs.net">shc-tr.salisburyreferralcentre@nhs.net</a> The patient will be contacted and an appointment arranged.

Dr Stuart Eastman is available to help provide additional assistance with general enquiries about the use of TQuest. <a href="mailto:stuart.eastman1@nhs.net">stuart.eastman1@nhs.net</a>

We are conscious that a small number of patients may have paper request forms already in their possession. We **will not** be turning patients away, but would request that no further paper forms are given to patients.

#### **Suspected Cancer**

For suspected cancer patients a 2WW clinical referral will be required. For example, please refer all suspected cases of head and neck malignancy and suspicious neck lumps directly to the Head and Neck service via the usual 2WW pathways at this time. Please do NOT refer for ultrasound prior to or independent of this pathway.

#### Post Menopausal Bleeding

Requests continue to be accepted, and will be triaged by a clinician and prioritised appropriately. The Gynaecology services continue to accept all 2WWs in their one stop clinic that runs all day on a Tuesday and is supported by sonography.

## **Other Urgent Imaging**

If there are patients in the urgent category that you are concerned about, or whose condition deteriorates needing urgent imaging, please contact the Radiology Department using the email address: <a href="mailto:sft.radiologyoffice@nhs.net">sft.radiologyoffice@nhs.net</a>

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	You can also reach the Duty Radiologist on 01722 336262 Ext 5511 (09:00 -		
	17:00 Monday to Friday) to discuss cases you consider urgent.		
	<u> </u>		
	Referral for imaging following video/phone consultation		
	Please do not send patients for imaging as an alternative to clinical		
	examination. This does not reduce infection risk as all imaging procedures		
	require close contact with patients. Clinical examination may obviate the need		
	for imaging and information relating to clinical examination findings is required		
	for justification of imaging (and exposure to radiation) and to facilitate high		
	quality imaging interpretation.		
	Please DO NOT refer patients with suspected COVID-19 to the Radiology		
	Department for a chest X-ray.		
Phlebotomy	We are very grateful for your continued support during this difficult time. The		
Service	department remains at reduced capacity with space for only 7 patients at a		
0011100	time. We would continue to ask for your assistance in taking blood samples		
	locally within their practice whenever possible.		
	locally within their practice whenever possible.		
	In addition, please can we ask practices not to send blood cell markers BCM		
	on Fridays. The reason for this is that it is not possible for us to collect and		
	deliver them to Southampton in a timely fashion. The Southampton service		
	does not operate over the weekend, and these tests cannot be stored.		
	does not operate over the weekend, and these tests cannot be stored.		
Routine Referrals	We are asking GP colleagues to use eRS as normal for referrals, which will		
	be clinically triaged on receipt and those identified as appropriate will be seen		
	via virtual solutions.		
	For patients needing face to face appointments, specialties are finalising and		
	implementing SOPs to enable necessary consultations to proceed following		
	current guidelines and with appropriate distancing, testing, PPE and infection		
	control in place. This will have an impact on wait times in many specialties as		
	we work to create and follow appropriate working practices. We will continue to		
	provide information on capacity and patient access through this guidance note.		
	Any queries regarding wait times etc should be sent to <a href="mailto:paul.russell4@nhs.net">paul.russell4@nhs.net</a>		
Two Week Wait	All two week wait referrals should continue to be made in the normal way.		
Referrals	Cancer patient appointments are being prioritised.		
Elective Surgery	Patients are being advised to socially distance for 14 days and will be required		
	to attend the hospital 48 hours before surgery to be tested.		
COVID- 19	All admitted patients will now be tested for COVID-19 prior to, or on admission.		
Patient Testing			
Upper GI	Normal" services have resumed but with a much lower throughput. However we		
Endoscopy	are still not accepting "Straight to test" upper GI referrals. All suspected cancer 2		
	week wait referrals are to continue to be referred for triage as outlined separately.		
Diame ( )			
Rheumatology	During the COVID 19 pandemic there will be some changes to the service we		
	provide:		
	1. A limited urgent service for new patients, either face to face, or		
	telephoned as clinically appropriate, referrals to include suspected Giant Cell		

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Arteritis or other systemic vasculitis, Early Inflammatory Arthritis and new connective tissue disease. Please avoid referring non-inflammatory disease at present as this will not be prioritised.

- **2.** A limited follow-up service for inflammatory disease, conducted by telephone. Most routine follow-ups will be deferred for a minimum of three months. If these **patients** need advice, or feel they need to be seen, they can contact us on the telephone help line 01722 429137 operating Monday to Friday 09:00 16:00.
- **3.** The 'hot joint' service is current being routed via Orthopaedics. GPs should contact Orthopaedics for this service who will refer to Rheumatology when needed.

#### Advice on medication:

1. In general all patients should continue their immunosuppression.

Steroid doses should be tapered if possible and high doses of systemic steroids e.g. im depomedrone more than 40mg, oral prednisolone more than 20mg, should be avoided.

- **2. Patients considered 'high risk' have already been contacted** by letter with appropriate advice about 'shielding' and self-isolating.
- **3. Please continue NSAIDs**, but stop if COVID 19 infection is suspected as it appears that the outcome may be worse if taking NSAIDs.
- **4.** For patients stable on **Methotrexate** please consider **increasing the blood monitoring interval** to two or three months (see BSR monitoring guidance). This will minimise the number of visits to the practice or hospital.

GPs can contact Consultant Secretaries with general enquiries by telephone on 01722 345556 – 09:00 to 16:00 Monday to Friday.

# Sexual Health - Walk in

We are now providing Sexual Health and Contraception services at Salisbury District Hospital and Melksham (Tuesdays only), Devizes (Thursdays only) and Trowbridge (Thursday evenings only).

We are gradually reopening booked routine clinics but are continuing to prioritise those with an urgent Sexual Health/Contraception need. We have suspended our walk in clinics and are triaging all patients on the phone. Where possible we are prescribing medication after a virtual consultation and asking patients to collect these from clinic at pre-arranged times, or from community pharmacies or GP surgeries if suitable.

Home STI screening service is running and available to anyone with a Wiltshire postcode via our website www.wiltshiresexualhealth.co.uk

Our main Salisbury hub is staffed from 9am to 5pm Monday to Thursday and from 9am to 12.30pm on Fridays tel 01722 425120. For non-urgent advice

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# please contact us on our shared email address: shc-tr.Sexualhealth@nhs.net **Adult Screening** The Adult screening programmes **Programmes** AAA Screening in Dorset and Wiltshire o Surveillance patients are being invited for screening from 23/07/20 Patients from the cohort are being invited from 01/09/20 Bowel cancer screening in Bath, Swindon and Wiltshire o BCSP - Services are resuming at all 3 sites for patients whose pathways have already commenced. Inviting new patients will commence on 1<sup>st</sup> September. o No plans are in place yet for resumption of bowel scope screening O Please note: Referral to BCSP should **not** be used for symptomatic patients. Patients attending GPs with symptoms should be provide with a symptomatic FIT test with onward referred to the symptomatic service if required from the result of the test. The 2019 BSG guidance on surveillance colonoscopies advises that patients over 75 years of age should not have surveillance colonoscopies. BCSP surveillance procedures are not provided for patients over 75 years of age. Ophthalmology The department is running the wet Age-related Macular Degeneration Service, Emergency Eye Care service (via the Acute Referral Clinic) and higher risk sub-specialty clinics. **Emergency Eye Care:** BSW STP has commissioned optometrists to provide support for minor eye conditions as an alternate pathway during Covid-19 ('CUES'). LINK Please continue to refer patients that you think may need secondary care the same day via the Hospital switchboard. Our advice and guidance e-mail address Sft.ophthalmologyadvice@nhs.net can still be used for less urgent issues. It is very helpful to provide as much detail as possible and a contact number for the patient so we can call them directly if we need more information. **Routine/non-urgent Eye Care:** We are accepting referrals and triaging based on urgency, which may involve employing different methods to help ensure safety in the service, including

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**429353** to guery with the patient's team.

telephone clinics. If there is a query about an existing outpatient, which is not an emergency please direct this to the subspecialty secretaries on 01722

## **Device** For patients who are end-of-life and have a cardiac device that needs Deactivation in deactivating in the community the pathway remains unchanged. COVID-19 **Patients** Restarting Cardiology Services & Routine interventional procedures (angio/PCI/ppms) have restarted Restarting following the surgical pathway of 2 weeks advised isolation and negative Cardiology swab 48 hrs before, with reduced capacity due to social distancing **Services** needs Routine Echos/24hr tapes/ecgs restarted with reduced capacity due to social distancing needs No exercise tests taking place currently Routine PPM follow up has restarted with patients coming to a separate site to in The Clarendon Suite, which minimises time within the hospital. Patients will be telephoned and/or written to with updated directions to find the new location. Pacing checks will still be prioritised to those patients concerns/symptoms, battery life <4 years or issues that are under All new pacemakers and cardiac implantable devices will be discharged with remote monitoring capability (phone signal allowing) **Elderly Care** The RACE service remains operational, albeit limited so referrals are still being encouraged. There is a new email based advice and guidance service sft.elderlycareadviceandguidance@nhs.net. This is consultant led and the email inbox will be checked daily Mon-Fri, and we aim to respond either by email or by phone within 1-2 working days. The address is also on the RACE referral form. 'For Dorset GP's/community teams: The Shaftesbury RACE clinic is now operational - please send referrals via eRS in the usual way' The Parkinson's Disease service in Salisbury is now operational. Obstetrics & Menstrual disorders clinic - choose and book This is a hysteroscopy clinic. Please refer only Heavy Bleeding, Gynaecology Intermenstrual Bleeding, Post Coital Bleeding, Lost Coils to these clinics. Please refer Endometriosis, PMS and Chronic Pelvic pain to General Gynaecology. This will ensure only the patients that need hysteroscopy are seen in this clinic. Post menopausal bleeding – refer as per the standard 2WW pathway. Stoma Care The service continues to see face to face patients with urgent clinical need of assistance with stoma related problems, either in our outpatient clinic at SDH or as a domiciliary visit. This service has been maintained throughout covid. We are also using alternative means of seeing patients where possible,

including phone consultations and Attend Anywhere video consultation.

us

directly with any urgent

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Patients

can

via: sft.salisburystomacare@nhs.net

email

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queries

Salisbury	Date for your diary - at 19:00 on 9th September 2020 we will be hosting a	
<b>Hospital Service</b>	webinar to provide GPs with details of service updates. Details to follow	
<b>Update Webinar</b>	shortly.	
Collaborative	Our Communications Team have been working with Primary Care colleagues	
Patient	to create information videos reassuring patients and encouraging them to seek	
Communications-	advice from their GP and to attend hospital appointments.	
Help us to Help	Please do share these:	
You	https://www.youtube.com/watch?v=ViY2Uld1p40	
	https://www.youtube.com/watch?v=_0z3fl4Ltpo	