



Polypharmacy Action Learning Sets

Identifying the barriers that prevent us from stopping inappropriate medicines

What are the risks of polypharmacy for our ageing population?

How can GP Practices and Primary Care Networks address Polypharmacy effectively?

What are the cognitive barriers to stopping medicines safely?

What is shared decision-making and how can it help?

Why are high risk medicines particularly problematic in older patients?

Sessions facilitated by a former local NICE associate and local geriatricians

Developed primarily for GPs, these Action Learning Sets (ALS) have been evaluated and further roll out is being supported by HEE. They aim to help GPs and prescribing pharmacists understand the complex issues surrounding stopping inappropriate medicines safely and will also help PCNs deliver the Medicines Optimisation elements of the new Directed Enhanced Services contract. **Delegates are required to attend all 3 sessions, review an e-learning tool and participate in the evaluation.**

Three half day online sessions from 09.30 – 12 noon over 2 months using zoom conference facilities:

Session 1: Polypharmacy – the scale, impact and challenges around stopping medicines safely. We will define inappropriate medicines and look at the patient perspective.

Session 2: What tools are available to help? We will explore shared decision making, the evidence and tools to help conduct high quality medication reviews including high risk medicines e-learning.

Session 3: Workshop and facilitated discussions to share experience of medication reviews and consolidate learning.

Gloucester

22nd Sept Day 1 09.30 – 12 noon

6th Oct Day 2 09.30 – 12 noon

20th Oct Day 3 09.30 – 12 noon

To register please visit <https://www.eventbrite.com/e/polypharmacy-action-learning-sets-series-of-three-sessions-tickets-161085355635>

