

If you suspect that your patient may be a victim of human trafficking take the following action:

Children and young people under 18 years

For concerns about a child or young adult follow all child protection guidelines and speak to your designated Child Protection Lead. Please note that health professionals have a legal obligation to safeguard children that present to them.

Out of hours, contact your Local Children's Social Services or police service, ***specifically highlighting your concern for child trafficking***

Consider referral to your hospital paediatric team for admission

Adults

Contact the Salvation Army 24 hour confidential helpline for professional advice and support and referrals on 0300 303 8151 operating 7 days a week

Only make referrals if the person is able to give consent and has agreed to the referral

Consider using maternity services to admit pregnant women for observation

Local contact details

Local designated Child Protection Lead:

Name:

Telephone:

Email:

For further resources and eLearning module on identifying and supporting victims of human trafficking see <http://www.e-lfh.org.uk/projects/human-trafficking-e-learning/open-access-session/>

This leaflet has been produced by Platform 51 on behalf of the Department of Health with guidance from a steering group comprising representatives from: British Association of Sexual Health and HIV, Child Trafficking Advice Centre NSPCC, College of Emergency Medicine, Department of Health, Home Office; UK Human Trafficking Centre Serious Organised Crime Agency, Ministry of Justice, Royal College of General Practitioners, Royal College of Midwives, Royal College of Nursing, Royal College of Paediatric and Child Health, Royal College of Psychiatrists, Salvation Army; Poppy Project, Section for Women's Health Institute of Psychiatry Kings College London.

This leaflet can be downloaded at: <https://www.gov.uk/government/publications/identifying-and-supporting-victims-of-human-trafficking-guidance-for-health-staff>



Identifying and supporting victims of human trafficking

Guidance for health staff

All staff in every health care setting could spot a victim of human trafficking

All staff have a duty of care to take appropriate action and legal obligation in the case of children under 18

All immediately necessary treatment should be provided

What is human trafficking?

Human trafficking is the recruitment, movement, harbouring or receiving of children, women or men through the use of force, coercion, abuse of vulnerability, deception or other means for the purpose of exploitation.

Who is trafficked?

British and foreign nationals can be trafficked into, around and out of the UK. Children, women and men can all be victims of human trafficking.

Why are people trafficked?

Children, women and men are trafficked for a wide range of reasons including:

- Sexual exploitation
- Domestic servitude
- Forced labour including in the agricultural, construction, food processing, hospitality industries and in factories
- Criminal activity including cannabis cultivation, street crime, forced begging and benefit fraud
- Organ harvesting

How might you encounter a victim of human trafficking?

- A person may tell you about their experience
- You detect signs that suggest a person may have been trafficked
- A trafficked person may be referred to you

Signs of trafficking for adults, children and young people include:

- A person being accompanied by someone who appears controlling, who insists on giving information and coming to see the healthworker

The person:

- Is withdrawn and submissive, seems afraid to speak to a person in authority and the accompanying person speaks for them
- Gives a vague and inconsistent explanation of where they live, their employment or schooling
- Has old or serious injuries left untreated. Has delayed presentation and is vague and reluctant to explain how the injury occurred or to give a medical history
- Is not registered with a GP, nursery or school
- Has experienced being moved locally, regionally, nationally or internationally
- Appears to be moving location frequently
- Their appearance suggests general physical neglect
- They may struggle to speak English

What are the possible health care issues of trafficked people?

Victims of trafficking may only come to your attention when seriously ill or injured or with an injury or illness that has been left untreated for a while. Health care issues may include:

- Evidence of long term multiple injuries
- Indications of mental, physical and sexual trauma
- Sexually Transmitted Infections
- Pregnant, or a late booking over 24 weeks for maternity care
- Disordered eating or poor nutrition
- Evidence of self-harm
- Dental pain
- Fatigue
- Non-specific symptoms of Post-Traumatic Stress Disorder
- Symptoms of psychiatric and psychological distress
- Back pain, stomach pain, skin problems; headaches and dizzy spells

In addition

Children and young people

Have an unclear relationship with the accompanying adult

Go missing quickly (sometimes within 48 hours of going into care) and repeatedly from school, home and care

Give inconsistent information about their age

Adults

Have no official means of identification or suspicious looking documents

How might you suspect that a person is a victim of trafficking?

In all cases, trust and act on your professional instinct that something is not quite right. It is usually a combination of triggers, an inconsistent story and a pattern of symptoms that may cause you to suspect trafficking.

If you have *any* concerns about a child, young person or adult take immediate action to ask further questions and seek out additional information and support.

Remember:

- Trafficked people may not self-identify as victims of trafficking
- Trafficking victims can be prevented from revealing their experience to health care staff from fear, shame, language barriers and a lack of opportunity to do so. It can take time for a person to feel safe enough to open up
- **Err on the side of caution regarding age** - if a person tells you they are under 18 or if a person says they are an adult, but you suspect they are not, then take action as though they were under 18 years old
- Support for victims of human trafficking is available

What do you do next?

In all cases for children, young people and adults:

Do not raise your trafficking concerns with **anyone** accompanying the person

Ensure you address the health needs of the person by continuing to provide care

Ensure the person knows that the health facility is a safe place

React in a sensitive way that ensures the safety of the person

Think about support and referral

Use an interpreter if translation is necessary

Only use an independent, qualified and police checked interpreter or Language Line.

Do not use anyone accompanying the person as an interpreter. This applies to children, young people and adults.

- Try to find out more about the situation and speak to the person in private without anyone who accompanied them
- When speaking to the person reassure them that it is safe for them to speak
- Do not make promises you cannot keep
- Only ask non-judgemental relevant questions
- Allow the person time to tell you their experiences
- Do not let concerns you may have about challenging cultural beliefs stand in the way of making informed assessments about the safety of a child, young person or adult
- Speak to your manager, colleagues or Local Safeguarding Leads for support and advice