



New coaching

#LookingAfterYourTeam

Coaching support for those who lead, manage or organise a team or group in primary care

We can support you as a leader to help you effectively manage and lead your team.

Following on from our highly-rated individual coaching offer [#LookingAfterYouToo](#), which supports individual wellbeing and resilience, this new coaching offer is for anyone who has responsibility for a team or group.

Individuals, and up to two other collaborators, can benefit from coaching support with highly trained, experienced coaches available by video or telephone.

You will get access to tailored support that will focus on proactively supporting you to lead your team or group, developing practical strategies and making small improvements to amplify the voice of primary care across the system.

We can help you to:

- create a resilient team culture
- improve team performance
- plan team events
- manage individuals.

All coaching is confidential. This offer is for staff working in the delivery of frontline primary care services who lead, manage or organises a team, group, service or network. You will be either employed by the NHS or working with an NHS funded employer delivering an NHS funded primary care contract.

Book your session at a time that suits you.
Sessions are available Monday to Saturday, either by video or telephone.

people.nhs.uk/lookingafteryourteam