



# **VIRTUAL SPINAL STUDY DAY – SPINES IN PRIMARY CARE**

# Friday 26<sup>th</sup> November 2021

09:00 - 16:30 via MS Teams

## **Intended Audience**

- Physiotherapists in all Primary Care settings where Spinal patients may present.
- Doctors at all levels (GPs, Consultants, Registrars, Junior doctors) + Nurse Practitioners in Primary Care
  - First Contact Practitioners (FCPs) and Extended Scope Practitioners (ESPs)
  - Private MSK/Spinal Physiotherapists in the Severn Region who refer into services

### Topics To Include (note subject to change)

- Brief overview of the Spinal Network and its role and remit
- Explanation of pathways- Cauda Equina Syndrome and Lower Back Pain pathways
- Expectations of referral criteria from Primary Care to NBT ESPs and Spinal Consultants
  - Overview of the common spinal conditions referred to Secondary Care Spinal MDT
    - Optimising conservative management for spinal conditions
      - Image Interpretation and what imaging is required
        - Red Flags and Spinal Masqueraders
    - Explaining pain and motivational interviewing in primary care
      - Axial Spondyloarthopathies Management
      - Uncovering the role and relevance of blood tests
    - Spinal deformity in the older person-Benefits and risks of surgery? Is it worth it?
      - Q+A Session on Spines

### **How To Access**

Cost: Free

How to book: Please visit Eventbrite via the link below or scan QR Code:-

https://www.eventbrite.co.uk/e/spinal-study-day-for-primary-care-fcps-acps-gps-and-outpatient-physios-tickets-178082318007