

X-PERT Diabetes is a 6 week, evidence based programme which is provided across Bath and NE Somerset. Each session lasts for 2 hours.



"I've learnt so much over 6 weeks that I now feel confident in controlling my Type 2 diabetes"



"Very informative. I have a better understanding so will make better choices"

Spaces currently available- contact the Community Wellbeing Hub for more information and bookings:

t: 0300 247 0500

e: BATHNES.thehub@virginicare.co.uk

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