

ABDOMINOPLASTY / APRONECTOMY

EXCEPTONAL FUNDING REQUIRED

Abdominoplasty / Apronectomy are considered as cosmetic procedures and will not routinely be funded.

Requests for surgical removal of excess folds of skin and subcutaneous tissue may arise because of deliberate weight loss following successful dieting or rapid weight loss following bariatric surgery. It is expected that prior to gastric bypass or banding, bariatric surgeons would emphasise to patients that removal of excess skin following rapid weight loss will **NOT** be offered as routine NHS provision.

This policy does not apply where the abdominoplasty/abdominal wall repair is required in conjunction with other medically necessary procedures such as complex hernia repair.

Smoking cessation is recommended for all patients considering surgery.

For help to quit smoking please contact your local Stop Smoking Service or contact your GP Surgery.

Primary care must obtain funding before referring patients to secondary care providers and secondary care providers must satisfy themselves that the patient has funding secured prior to seeing the patient. This is to ensure inappropriate out-patient appointments are avoided and patient expectations are properly managed.

Reference I.D	Policy Title	Version	Review
BSW-ICB-CP001	Abdominoplasty/Apronectomy	Version 1.1	March 2025