



Resource Guide



Caring Steps



Together

Giving you confidence
to move forward

New resources are now available to help health and care professionals provide hospital patients, as well as their families and carers, with extra support before and during their onward care journey.

Caring Steps



Together

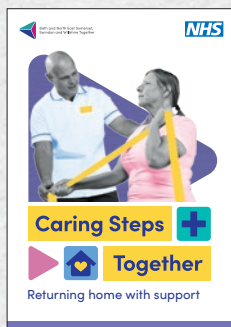
Giving you confidence to move forward

The new Caring Steps Together resources aim to help people understand the process of leaving hospital, while providing clarity on the other support services that are available in the community. The resources can be given to patients directly, either as a printed hard copy or in a digital format, such as a PDF document or online video.



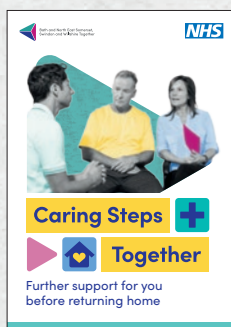
Guiding principles

This leaflet should be given soon after the patient arrives in hospital, if it looks like they may require some additional form of support when they leave. It contains information on their stay in hospital and what will happen when it is time to leave.



Returning home with support

This is for patients who will go home with new, additional or the same package of support from health and social care. This includes people needing intensive support or 24-hour care. You might know this as Pathway 1.



Further support for you before returning home

This is for patients who may need to go into residential care in the short term, such as a rehabilitation unit, community hospital, nursing or care home before returning home. You might know this as Pathway 2.



Preparing you for intensive support in a care home

This is for patients who may need bed-based, 24-hour care or are returning to a care home. This includes people discharged to a care home for the first time and existing care home residents returning to their care setting. You might know this as Pathway 3.

All of these resources are available online and in video format at
www.bswtogether.org.uk/discharge

