

Weight management services in BSW

Services for everyone (Self referral)

Anyone who is worried about their weight, or would like general advice on healthy eating and exercise, can access NHS wellbeing and lifestyle support at [NHS Better Health Exercise - NHS](#)

Services for people with a BMI over 28 (GP or self referral)

Community weight management programmes:

- BaNES: Everyone Health
- Swindon: Live Well Hub
- Wiltshire: Healthy Us

People with a BMI over 30 (27.5*) who also have diabetes and/or high blood pressure: [NHS Digital Weight Management Programme](#)

Services for people with a BMI of 35 (32.5*) or over who meet fast track criteria** (GP referral)

Specialist weight management service: Hospital based team of weight management specialists providing more intensive support

Services for people with a BMI of 35 (32.5*) or over with 4 or more weight related conditions*** (GP referral)

- ***Weight related conditions**
- Type 2 diabetes
 - High blood pressure (hypertension)
 - Heart disease (cardiovascular disease)
 - Abnormal blood fats (dyslipidaemia)
 - Obstructive sleep apnoea

Services for people with a BMI of 40 (37.5*) or over with 4 or more weight related conditions*** (GP referral)

Oviva: Online only weight management service that can prescribe semaglutide (Wegovy®) for up to 2 years

GP-led care: GPs can prescribe tirzepatide (Mounjaro®) along with face-to-face weight management support

Specialist weight management service: Hospital based team of weight management specialists providing more intensive support and able to prescribe weight loss medication

Services for people with a BMI of 50 (48.5*) or over (GP referral)

Specialist weight management service: Hospital based team of weight management specialists providing more intensive support

Weight loss surgery service

Via referral from specialist weight management service: For patients who have tried appropriate non-surgical measures, but haven't achieved or maintained adequate, clinically beneficial weight loss

*BMI

Lower BMI threshold for people of Asian, Chinese, Middle Eastern, Black African or African-Caribbean origin

**Fast track criteria

- Sight threatening idiopathic intracranial hypertension
- Awaiting transplant surgery that needs a BMI below 35
- Have cancer that is made worse by obesity (e.g. endometrial cancer)
- BMI of 50 (48.5*) or more and might be suitable for weight loss surgery

Overview of eligibility criteria for weight management services in BSW



**Bath and North East Somerset,
Swindon and Wiltshire**
Integrated Care Board

Service/treatment	BMI	Pre-existing conditions	Other criteria	Access via
Healthy lifestyle and wellbeing support	Everyone	No	None	NHS Better Health Exercise - NHS
Weight management support programmes provided by local councils	Over 28	No	None	Self refer or referral via GP
NHS Digital Wight Management Programme	Over 30 (or 27.5 or more for people of Asian, Chinese, Middle Eastern, Black African or African-Caribbean origin)	Diabetes and/or high blood pressure	None	Via GP or local pharmacist
Tirzepatide (Mounjaro®)	35 or more (or 32.5 or more for people of Asian, Chinese, Middle Eastern, Black African or African-Caribbean origin)	At least four of the following conditions: • type 2 diabetes • high blood pressure (hypertension) • heart disease (cardiovascular disease) • abnormal blood fats (dyslipidaemia) • obstructive sleep apnoea.	None	GP
Semaglutide (Wegovy®)	40 or more (or 37.5 or more for people of Asian, Chinese, Middle Eastern, Black African or African-Caribbean origin)	As for tirzepatide, above	Suitable for online only service	Referral to Oviva via GP
Hospital specialist weight management service (also able to prescribe weight loss medications)	As for tirzepatide, above	As for tirzepatide, above	Require more intensive support and intervention (for example psychological support)	Referral via GP
Weight loss surgery	The criteria to be considered for weight loss surgery are complex. To be considered for this service patients must have tried all appropriate non-surgical measures, but not been able to achieve or maintain adequate, clinically beneficial weight loss. See our weight management web pages for full details.			Referral via specialist weight management service